



Dear Patient,

Congratulations on taking the first step toward your mental health after bariatric surgery! Participating in a counseling program during your weight loss journey can set you on a path to a lifetime of success.

We understand the emotional challenges that bariatric surgery can bring. Our program is designed to enable your unique goals. Together, we will address specific behaviors that are current barriers for you. A road map designed with a licensed mental health professional can help you stay healthy in both body and mind for years to come!

Our program consists of as many sessions as needed for you to meet your treatment goals. In close to 90% of case studies, patients who obtained behavioral lifestyle interventions have shown to have greater weight loss success than patients who receive little to no intervention.

Here's how to get started:

Register at <https://advantagepointbehavioral.com/bariatric-counseling/>

1. You will enter your insurance information.
2. You will schedule your appointment at this time.
3. Once you complete registration, a patient coordinator will verify your benefits and let you know what your out-of-pocket cost will be.

We look forward to working with you! Please reach out to me directly with any questions at 713-252-4821.

Priyanka Pulkur, MA, LPC  
Clinical Director/Partner  
[ppulkur@advantagepointbehavioral.com](mailto:ppulkur@advantagepointbehavioral.com)