DOCTOR RECOMMENDED 🕂 DOCTOR RECOMMENDED DOCTOR RECOMMENDED

You have chosen the leading, medical doctor recommended whey protein meal replacement program. Our meal replacement whey protein drink mix is back by leading board certified bariatric and minimally invasive surgeons, Dr. Christopher Joyce, M.D., F.A.C.S., and Dr. Brian Lahmann, M.D., F.A.C.S. of the Bariatric and Minimally Invasive Surgery.

M.D. PROTEIN is specifically designed for ndividuals who are looking for an ultra high quality protein to supplement their diet and serve as a meal replacement. M.D. PROTEIN is made from the purest grade, non-denatured, specially filtered and ion exchanged whey protein available. Every serving is packed with a high biological value protein that is low in carbs, fat and calories.

Our meal replacement provides the perfect natural balance of the essential amino acids your body requires for improved nitrogen balance, muscle growth and protein synthesis in a readily absorbed and utilized form. M.D. PROTEIN is high in Branches Chain Amino Acids (BCAAs) to protect The Secret to dieting is to lose fat, not muscle. Total and fuel lean muscle tissue during high intensity protein intake should be 1.5-2g of protein per day exercise. M.D. PROTEIN is free of gluten, wheat and per kilo of lean body mass (LBM). For efficient weight GMO. The benefits of a whey protein rich diet helps the body burn fat and grow lean muscle, while strategically replacing excessive calories with a tasty meal replacement.

For more information about M.D. PROTEIN and other great medical doctor recommended lines of vitamins and nutritional supplement please visit www.BMISurgery.org or contact u at 815-717-8744. If you are not satisfied with this product in any way, please contact istomer Service at 800-808-8800.

Directions for Use:

For a great tasting protein shake, fill a shaker bottle with 6-8 ounces of cold water. Add 1 scoop of M.D. PROTEIN, Cover and shake for 25-30 seconds, Enjoy,

SERVING SCOOP INCLUDED BUT MAY SETTLE TO THE BOTTOM DURING SHIPPING

For Building Lean Muscle:

Muscle is mainly protein and water. To build lean muscle faster, take 2.5-2.8g of protein per day per kilo of lean body mass.

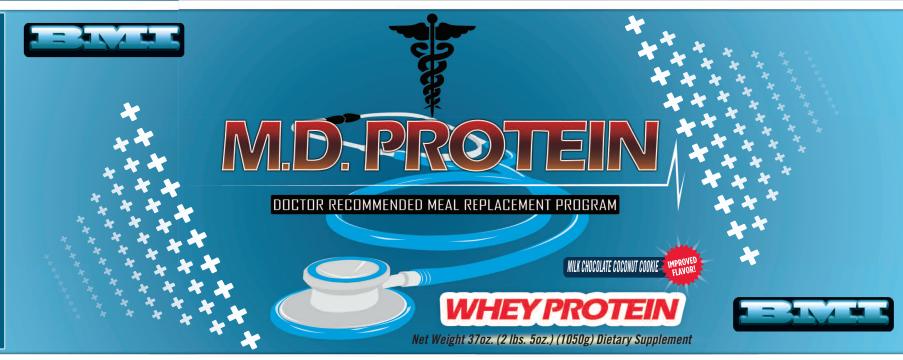
Body weight – (body weight x % body fat) = Lean Body Mass (LBM)

(1 Kilogram = 2.2 pounds)

LBM kg/lbs	50/110	70/154	80/176	90/198	100/220
Protein/Day g	75	105	120	135	150
Ultimate Pentain e	30	50	60	70	90

For Weight Measurement:

Ultimate Protein g	30	50	60	70	90
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Supplement Facts

Serving Size: 1 Scoop (35g) Servings Per Container: 30

mount Per Serving	% Daily Value*
Calories 130	
otal Fat 2.5g	3%
Saturated Fat 2g	9%
Cholesterol 55mg	18%
otal Carbohydrate 5g	2%
Dietary Fiber <1g	2%
Total Sugars 4g	†
Includes 1g of Added Sugar	3%
rotein 23g	47%
itamin D 0.6mcg	3%
Calcium 130mg	10%
ron 0.4mg	2%
odium 110mg	5%
otassium 190mg	4%
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*Percent Daily values are based on a 2,000 calorie diet. †Daily value not established.

INGREDIENTS: Whey Protein Concentrate, Soy Isolate, Toasted Coconut Shreds. Dextrose, Cocoa, Natural Flavors, Whey Protein Isolate, Sunflower Lecithin, Xanthan Gum, Sucralose, DigeSEB SuperTM (Amylase, Protease Blend (I,II, and II), Lipase, Alpha-Galactosidase, Cellulase, Papain, HemiSEB™, Glucoamylase, astase, Lactase, Peptizyme SPM, Bromelain, Invertase, Maltodextrin).

Allergen Warning: Contains dairy, tree nuts (coconut) and soy. Manufactured on equipment that also processes egg. peanuts, tree nuts, fish, crustacea, wheat, and sesame.

Typical Amino Acid Profile Per Serving Size***

allilic	1124 IIIg
ginine	999 mg
partic Acid	2620 mg
stine/Cysteine	479 mg
utamic Acid	4198 mg
ycine	611 mg
stidine*	508 mg
droxyproline	0 mg
oleucine †	1297 mg
ucine †	2318 mg
sine*	1934 mg
ethionine*	426 mg
enylalanine*	935 mg
oline	1314 mg
rine	1174 mg
reonine*	1385 mg
yptophan*	399 mg
rosine	706 mg
line †	1271 mg

† Branched-Chain Amino Acids (BCAA) 4887 mg *Tryptophan in this product is naturally occurring ***Daily Value not established.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended diagnose, treat, cure, or prevent any disease.

Distributed by: BMI Surgery, S.C. • 1890 Silver Cross Boulevard, Suite 260, New Lenox, IL 60451

ROLL UNWIND DIRECTION